

Join us on August 28 at 8 am

# Parent Education

## Unveiling the Impact of Technology on Child Development



Have you ever wondered how technology use is affecting your child's development? Learn about one of the **most important topics for parents this century**. Hear from Dr. Crystal Collier about technology and the growing brain.

**Learn how technology use impacts  
academic, emotional, and  
relational functioning.**

*Crystal Collier, PhD, is a therapist, prevention researcher, and educator named counselor of the year in 2019 by the Houston Association of Counselor. She specializes in empowering parents to protect childrens' developing brains.*

# What is Smart Families?

It is the mission of Smart Families to help communities create a happier, healthier and more intentional lifestyle for families that engage with technology in a manner that is respectful of our innate human dignity.

## What are the Smart Family norms?

Prioritize your family over mainstream culture.  
Delay smartphones until high school.  
Delay social media accounts until 16.  
No phones in the classroom.



## How will Smart Families be involved in our community?

Throughout the year, you will be invited to attend Smart Families events on campus and online talks; presentations will be made to age-appropriate children and you will receive educational newsletters. Families from our community will take a lead with this mission to support and encourage the SMART Family norms.

To learn more, visit [Smart-Families.org](http://Smart-Families.org) or follow Smart Families on Social Media:

